



Preceptor Press



Newsletter Date
May 2025

Spotlight Story

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Spotlight Story

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Congrats To Our Nominee's for Preceptor of the Year!

Aubrey Copson-5 Central

Brooke Fulcher-NNICU

Cora Hoemann-3C

Danielle Handschuh-6 N

David Strider-SRO

Jen Yowell-5 West

Jennifer Rademacher-IR

Kate Miller -3C

Kathleen Battle NICU

Mallori Byrd-Perianesthesia
Main

Megan Fretwell-OCIR Blue

Rhea Manuel -Renal Unit

Sabrina Staten-STICU

Shanice Artis-MICU

“Leadership Lessons from Ted Lasso”



If you have not watched the TV Show Ted Lasso- you are missing out! And no, you don't need to like soccer to be able to like the show. In a nutshell, the show is about a college football coach (Ted Lasso) that gets hired to coach a soccer team in England. Funny thing is...Ted knows ZERO about soccer.

While the show is hilarious, it holds amazing life and leadership lessons which is my reason for sharing this article with you.

But, Ted's leadership lessons are the following:

1. **Establish a strong culture**
2. **You do not have to know everything**
3. **The team is more important than any individual**
4. **Call people by their names**
5. **Choose a partner with skills and weaknesses complimentary to yours**
6. **Seek input from others**
7. **Look for diamonds in the rough and develop them**
8. **Know when to get involved, and when not to**
9. **Recognize losses**
10. **Be curious, not judgmental**



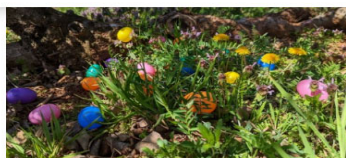
Spring Time in C-Ville!

Check out this website for events around C'ville [Charlottesville Events Calendar | Sports, Music, and More! | Visit Charlottesville](#)

Who doesn't love doughnuts and sunsets?!

Have a Thursday evening free? Head up to Carter's Mountain for their Thursday evening sunset series! Enjoy great food, live music and beautiful views! Link for more info is below!

[Calendar of Events at Carter Mountain Orchard | Chiles Family Orchards](#)



APR 19TH

Easter Eggstravaganza

Carter Mountain Orchard
1435 Carters Mountain Trl.
Charlottesville, VA 22901
Charlottesville, VA 22902
977-1833



Do you enjoy horse races??

Then you'll enjoy going to the Foxfield Races! Tickets are on sale now! Click the link below for more information!

[Foxfield Races - Steeple-chase Racing in the Heart of Virginia](#)

Looking for something else? See the links below:

<https://www.visitcharlottesville.org/events/?page=2>

<https://events.c-ville.com>

Other opportunities

Ready to branch out and do more? Have you considered mentoring? Take a look at the Mentorship Webpage for the options of how to become more involved!

[Mentorship - Nursing Center for Excellence](#)

Want to develop more as a leader? Check out the Learning and Development Catalogue for Courses

[Course Directory - Learning & Development Catalogue](#)

Self Care Guidance

Have you heard of FEAP?

It is a wonderful resource available to you that is free and can provide a confidential sounding board in times of need. Check out their website below!

[Faculty and Employee Assistance Program | University of Virginia \(uvafeap.com\)](#)

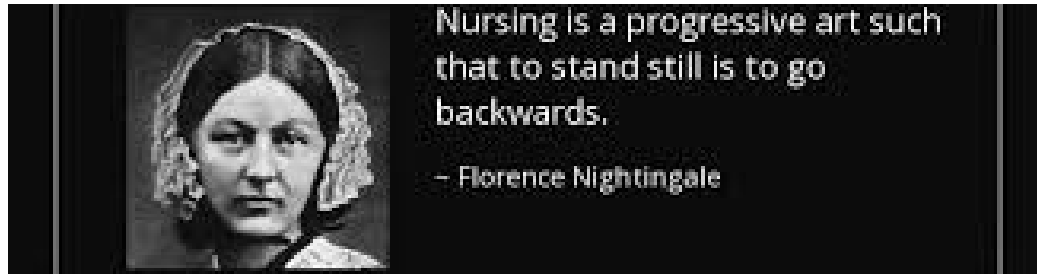


USELESS TRIVIA

Nerve impulses sent from the brain move at a speed of 274 km/h



NURSES WEEK IS Here!!!!!!



2025 National Nurses Week Celebrations – Save the Dates!

National Nurses Week kicks off Monday May 6 and ends May 12. Check out [Nurses Week - Nursing Center for Excellence](#) for your one-stop-shop for information, as we will continue sharing activities and events in the coming weeks.

Be sure to save the dates and consider joining us at these special Nurses Week events. We are excited to celebrate with you!

Annual Nursing Excellence Award Ceremony

Save the date for **May 8** for the *Annual Nursing Excellence Award Ceremony* hosted offsite at the DoubleTree by Hilton Hotel. More event details coming soon.

Upcoming Preceptor Classes

Preceptor Essentials

8/21/25

11/14/25

Sign Up In Workday

Preceptor Boosters

5/16/25

9/12/25

12/12/25

Sign Up In Workday

